



# AMITA Health Adventist Medical Center LaGrange

## Community Health Needs Assessment Service Area Overview

2019

## Executive Summary

AMITA Health Adventist Medical Center La Grange (AHAMCLG) and members of the Alliance for Health Equity, a collaborative of over 30 hospitals, 7 health departments, and 100 community partners, have worked together over the last 12 months to build this comprehensive Community Health Needs Assessment (CHNA) in Chicago and Cook County. Using the Mobilizing for Action through Planning and Partnerships (MAPP) model for the CHNA, the Alliance engaged diverse groups of community residents and stakeholders and gathered robust data from various perspectives about health status and health behaviors.

Together with our community stakeholders, we have identified the following prioritized health needs in our community:

**Social and Structural Determinants of Health**, including policies that advance equity and promote physical and mental well-being, and conditions that support healthy eating and active living.

**Access to Care, Community Resources, and Systems Improvements**, consisting of timely linkage to appropriate care, and resources, referrals, coordination, and connection to community-based services.

**Mental Health and Substance Use Disorders**, especially reducing stigma, increasing the reach and coordination of behavioral health services, and addressing the opioid epidemic.

**Chronic Condition Prevention and Management**, focusing especially on metabolic diseases such as diabetes, heart disease, and hypertension, and on asthma, cancer, and complex chronic conditions.

It is to be noted that as part of the AHAMCLG service area resides in DuPage County, the prioritized health needs identified on the 2018 collaborative assessments led by Impact DuPage, were similar as to those identified on the suburban Cook County assessment. The DuPage County prioritized health needs were identified as: Behavioral Health (including Mental Health and Substance Use Disorders); Health Status Improvement; Affordable Housing.

To be successful, AHAMCLG will continue to partner with local public health departments across Chicago and suburban Cook County to adopt shared and complimentary strategies and leverage resources to improve efficiencies and increase effectiveness for overall improvement. Data sharing across the local public health departments was instrumental in developing this CHNA and will continue to be an important tool for establishing, measuring, and monitoring outcome objectives. The shared leadership model driving the CHNA will be essential to continue to balance the voice of all partners in the process including the hospitals, health departments, stakeholders, and community members.

AHAMCLG has developed a Community Health Implementation Plan for the next three years that describes the programs we are undertaking to address these prioritized health needs in our community.

## Our Hospital and Community

### AMITA Health

AMITA Health is an award-winning health system committed to delivering compassionate care to nearly 6.6 million residents in Chicago and its surrounding suburbs.

As a faith-based health system in the respective Catholic and Adventist traditions, AMITA Health is committed to delivering inclusive and compassionate care, communicating clearly with patients and their families, respecting the faith traditions of all people, and honoring the dignity of everyone we serve. When people come to AMITA Health, they can expect to receive the very best care — and to be treated like family.

In keeping with the faith-based traditions of its legacy health systems, AMITA Health treats the whole person, including the physical, emotional, mental and spiritual needs of the people it serves. The system continually works to identify and to address community health needs, with a special focus on serving the needs of the poor, vulnerable and marginalized. AMITA Health annually provides more than \$82 million in community health and transformation programs and \$48 million in financial assistance.

### AMITA Health Adventist Medical Center LaGrange

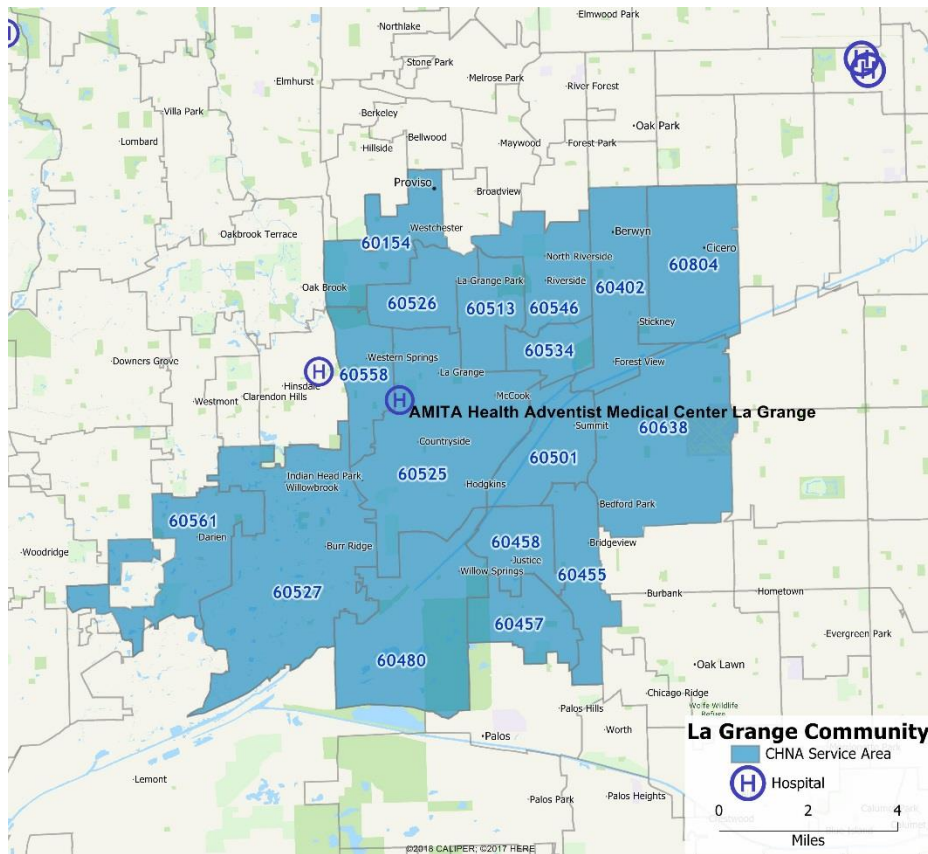
AMITA Health Adventist Medical Center LaGrange is a 196- bed, full service medical facility that provides high-quality, compassionate and family-centered medical care to the 433,448 residents of LaGrange and the surrounding communities. AHAMCLG has received a five-star rating from the Centers for Medicare & Medicaid Services (CMS), the only hospital in Cook County to achieve this. AHAMCLG is home to a state-of-the-art facility offering the latest in emergency medical and surgical care (including da Vinci™ Robotic-Assisted Surgery), medical lab and imaging services heart and vascular care, cancer care, orthopedic and neurological care, obstetrical and women's services, and access to top specialists.

### Alliance for Health Equity

In 2018 and 2019, AMITA Health Adventist Medical Center LaGrange participated in the Alliance for Health Equity (AHE), facilitated by the Illinois Public Health Institute. Together, the Alliance developed a collaborative Community Health Needs Assessment (CHNA) for Cook County. The link to our Collaborative Community Health Needs Assessment for Chicago and Suburban Cook County can be found at [allhealthequity.org/2019-chna-reports/](http://allhealthequity.org/2019-chna-reports/). This cover document for that CHNA provides more information about the service area of AHAMCLG, its existing programs, and its specific needs within the context of the needs identified and prioritized in its service area.

### AHAMCLG Community

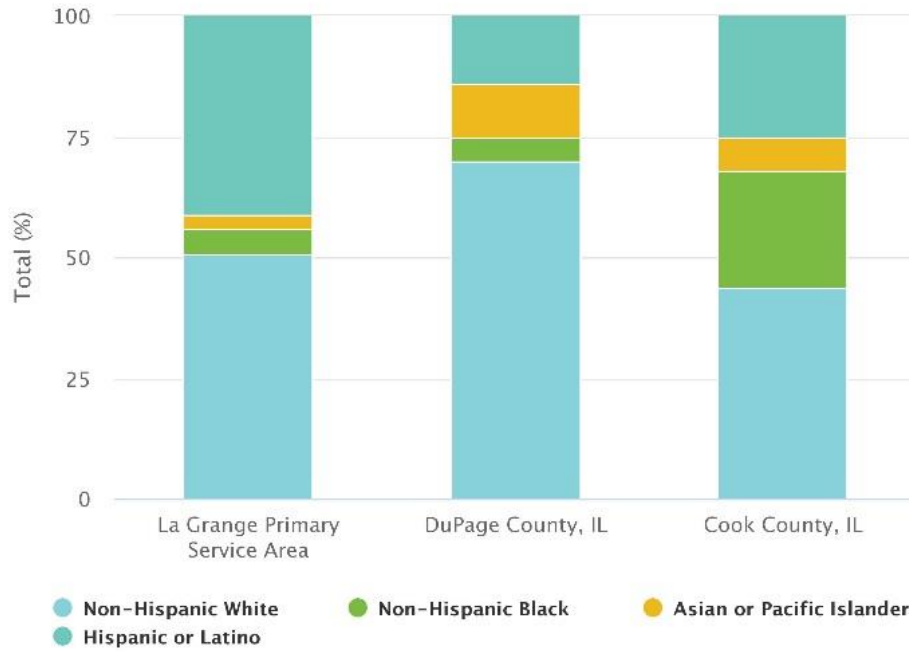
The AHAMCLG community consists primarily of LaGrange and the surrounding area. We define the AHAMCLG primary service area as the collection of ZIP codes where approximately 75% of hospital patients reside, and we focus our community health improvement on this service area. The majority of the service area resides in suburban Cook County with part of the western service area in DuPage County.



Below are charts showing the diversity of the AHAMCLG community in terms of age, race, and ethnicity. La Grange and its surrounding areas are roughly equally split between Hispanic/Latino and Non-Hispanic White populations.

### Population by Race/Ethnicity, 2011–2015

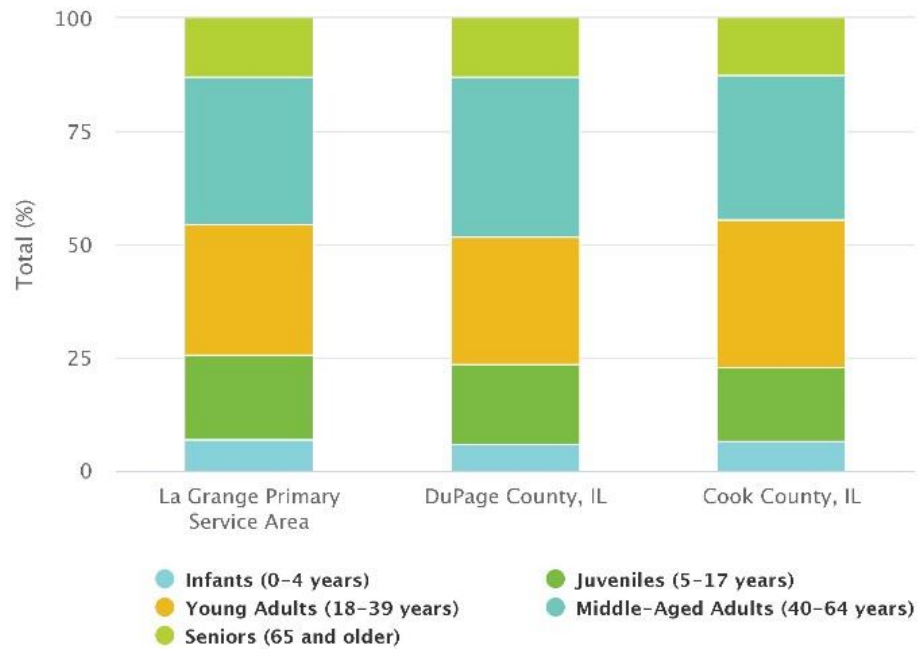
La Grange Primary Service Area and comparison



Data source: American Community Survey (ACS; Table B01001); Decennial Census; Table P012 | Created by Metopio | <https://metopio.io>

### Population by Age, 2011–2015

La Grange Primary Service Area and comparison



Data source: American Community Survey (ACS; Table B01001); Decennial Census; Table P012 | Created by Metopio | <https://metopio.io>

## Prioritized Health Needs

These prioritized health needs were selected in coordination with community residents and stakeholders through dedicated workgroups, focus groups, and 5,934 survey responses. They represent where AHAMCLG will focus its community health efforts over the next three years, although it also offers programs serving health needs beyond these four prioritized issues. For more information on the process of selecting these community needs, please refer to the full CHNA (“Primary Data”).

<h3>Social and Structural Determinants of Health</h3>
<p><b>Goal: Improving social, economic, and structural determinants of health while reducing social, racial, and economic inequities.</b></p> <p>The social and structural determinants of health such as poverty, unequal access to community resources, unequal education funding and quality, structural racism, and environmental conditions are underlying root causes of health inequities. Additionally, social determinants of health often vary by geography, gender, sexual orientation, age, race, disability, and ethnicity. The strong connections between social, economic, and environmental factors and health are apparent in Chicago and suburban Cook County, with health inequities being even more pronounced than many national trends.</p>
<h3>Access to Care, Community Resources, and Systems Improvements</h3>
<p><b>Goal: Increasing access to care and community resources.</b></p> <p>Healthy People 2020 states that access to comprehensive healthcare services is important for achieving health equity and improving quality of life for everyone. Disparities in access to care and community resources were identified as underlying root causes of many of the health inequities experienced by residents in Cook County.</p>
<h3>Mental Health and Substance Use Disorders</h3>
<p><b>Goal: Improving mental health and decreasing substance abuse.</b></p> <p>Community mental health issues are exacerbated by long-standing inadequate funding as well as recent cuts to social services, healthcare, and public health. The World Health Organization (WHO) emphasizes the need for a network of community-based mental health service, and has found that the closure of mental health facilities is often not accompanied by the development of community-based services, leading to a service vacuum. In addition, research indicates that better integration of behavioral health services, including substance use treatment, into the healthcare continuum has a positive impact on overall health outcomes.</p>
<h3>Chronic Condition Prevention and Management</h3>
<p><b>Goal: Preventing and reducing chronic conditions, with a focus on risk factors.</b></p> <p>The number of individuals in the U.S. who are living with a chronic disease is projected to continue</p>

increasing well into the future. In addition, chronic diseases account for approximately 64% of deaths in Chicago. As a result, it will be increasingly important for the healthcare system to focus on prevention of chronic disease and the provision of ongoing care management.

## Evaluation of Impact: Previous CHNA Implementation Strategy

An important piece of the three-year CHNA cycle is revisiting the progress made on priority needs set forth in the preceding CHNA. By reviewing the actions taken to address the prioritized needs and evaluating the impact those actions have made in the community, it is possible to better target resources and efforts during the next CHNA cycle.

The table below describes actions taken from the AMITA Health Adventist Medical Center La Grange’s previous Implementation Strategy to address each priority need including any indicators for improvement. Included is any community input received from the previous 2016 CHNA and corresponding Implementation Strategy.

Mental Health		
Action Taken	Status of Action(s)	Results
Partnership with Pillars Community Health	In-Progress/On-Going	<ul style="list-style-type: none"> <li>To identify those with mental health needs and navigate to services, especially the low-income population, we partnered with Pillars Community Health to integrate mental health screenings at all visits.</li> <li>Ninety-one percent of patients ages 4-11 have been given mental health screening at visits as well as 79% of patients aged 12 and up. Of those that tested positive for mental health needs, 100% have been given documented action plan.</li> </ul>
Diabetes, Nutrition, Physical Activity & Weight		
Action Taken	Status of Actions(s)	Results
Partnership with Pillars Community Health	In-Progress/On-Going	<ul style="list-style-type: none"> <li>Supported community programs through a partnership with Pillars Community Health to reduce the rate of Type 2 Diabetes for low-income diabetic populations and hospitalization due to uncontrolled diabetes.</li> <li>Patients identified as having higher A1C measures are given an action plan as well as additional nursing visits and resources. In addition, AMITA advocated for</li> </ul>



		expansion and sustainability of the Diabetes Prevention Program with federal and state representatives to provide reimbursement for Medicare and coverage for Medicaid recipients.
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Upon review of the actions taken since the previous CHNA, greater need for outcome-based reporting was noted. As such, further refinement of the next Implementation Strategy and the reporting of outcomes will be a focus.

## Implementation

### Community Assets

AMITA Health Adventist Medical Center LaGrange will continue working with organizations and stakeholders in its community to address its prioritized health needs, including:

Illinois Public Health Institute	The Helping Hand Center
Berwyn South School District 100	Lyons Township High School
Pillars Community Health	NAMI Metro Suburban
The Living Room	Greater LaGrange YMCA
Presence Behavioral Health	Community Support Services
Riverside Brookfield High School	PAV YMCA
BEDS Plus	Interfaith Community Partners
Aging Care Connections	Berwyn Public Library
Valley View School District 365U	The Hope Chest
Solutions for Care	Brookfield Chamber of Commerce
The Leadership Shop	Youth Crossroads, Inc.
	Christian Life Center

### Implementation Plan and Collaborative Action

Driven by a shared mission and a set of collective values that have guided the CHNA process and decision making, AHAMCLG and its community partners will work together to develop implementation plans and collaborative action targeted to achieving the shared vision of improved health equity, wellness, and quality of life across our community. Engaging in this collaborative CHNA process has developed a solid foundation and opened the door for many opportunities moving forward.

## Publication

AMITA Health Adventist Medical Center LaGrange will share this document and related Implementation Strategies to address the needs identified in this document with all internal stakeholders including employees, volunteers and physicians. This Community Health Needs Assessment is available at [amitahealth.org/about-us/community-benefit](https://amitahealth.org/about-us/community-benefit) and is also broadly distributed within our community to stakeholders including community leaders, government officials, and service organizations.

We welcome feedback on this Community Health Needs Assessment and its related Implementation Strategy. Kindly send any feedback you have to the following address:

AMITA Health  
Attn: Community Benefit  
2601 Navistar Drive  
Lisle, IL 60532

On behalf of the Board of Directors of AMITA Health, the Adventist Midwest Health Board, has reviewed and approved this assessment in 2019.